



Dress for Success

A polished "dress for success" appearance creates a positive first impression. This is essential so that the employer can move on to learning more about the student and the student's qualifications without any visual distractions. For interviews and job fairs, conservative attire is best. When in doubt, wear a suit. The style of dress should be reflective of the type of work or industry of interest. Students are encouraged to ask a professional in the field or a Saint Vincent Career Center professional for the most appropriate dress.

Elements of a Polished Look

- Little or no cologne / perfume
- Pressed clothes
- Polished shoes
- Fresh breath
- Clean fingernails
- Genuine smile

Men

- Classic, conservative dark suit
 - Solid or subtle pin-striped suit
 - Light-colored sleeved dress shirt
 - Conservative tie
 - Dark, solid, matching socks
 - Dark dress shoes
 - Lace-up shoes or loafers w/ tassels
 - Neatly shaven and trimmed facial hair
 - Neatly styled and trimmed hair
-

GENERAL TIPS

- Wear Comfortable Shoes.
- Take a briefcase or portfolio for resumes.
- Keep resumes separate from collected literature.
- Turn ALL electronic devices off!
- Stay professional in all settings.
- Remove all gum or mints before speaking.

Jewelry/Body Art for Men and Women

- Minimal jewelry is acceptable
- Rings (keep to a minimum)
- Bracelets (no more than one)
- Necklace (no more than one)
- Ear Piercing for women (limit one pair)
- Ear Piercing for men (not acceptable)
- Body Piercings (not acceptable)
- Body Art (not acceptable)

Women

- Classic conservative dark suit
 - Solid or subtle pin-striped
 - Hosiery should be sheer
 - Sophisticated, updated blouse
 - Knee level hemline
 - Appropriate neckline
 - Closed toe pumps/moderate to low heel
 - Lightened makeup
 - Neutral nail-polish (or no nail-polish)
 - Neatly styled or pulled back hair
-

