



SAINT VINCENT
COLLEGE

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Returning Home Healthy and Safe

Two weeks remain before the end of in-person final exams and the closing of residence halls. Many will return home for the holidays to family and friends.

To prepare for a healthy and safe transition, we recommend that you take the following steps starting now and for your remaining time on campus:

- 1) Get a flu vaccine. Flu vaccines are available at the Wellness Center.
- 2) Limit the number of people who are close contacts. (A close contact is a person you spend more than 15 minutes within six feet.) **Ideally, your only close contacts should be your roommate(s) until the end of the semester.**
- 3) Closely follow the guidelines of the Health and Safety Plan, especially:
 - a. maintain good hand hygiene, wash frequently and thoroughly,
 - b. always wear a face mask that covers the nose and mouth,
 - c. keep six feet away from others, and
 - d. monitor your health daily. If symptoms develop, contact the Wellness Center.

After leaving campus, limit your contacts for the first 14 days. Avoid being a close contact of anyone who is vulnerable to COVID-19, particularly the elderly and those with medical conditions.

Being a Bearcat means making responsible choices before leaving campus and upon your return home.

If you are planning on staying past 6 p.m. on Tuesday, Nov. 24, 2020, contact studentaffairs@stvincent.edu immediately to make arrangements.

