
Comments from students who have participated in the seminar:

-- The seminar really opened my eyes on a lot of topics.

-- Friendship is a good base for a relationship to grow from; however, it is hard to build an opposite sex relationship without people assuming there is more to it.

-- It was interesting to see the different points of view from both sexes.

-- I learned a lot and found it a great atmosphere. I may have disagreed on points, but the views that were expressed provided me with insight and helped me formulate my personal philosophy.

-- It wasn't awkward at all. I really enjoyed myself.

-- It was interesting hearing other people's stories and how they can relate to your own life.

-- I really enjoyed myself and had a FANTASTIC time! Thank you!

You're Invited!

Healthy Relationships One-Credit Course

WHEN:

Spring Semester 2020 for six weeks, dinner included, Tuesdays from 4:30 to 6:20, January 21 through February 25.

WHY:

Learn how to establish and nourish healthy friendships and romantic relationships.

WHO WE ARE LOOKING FOR:

Thoughtful and articulate prefects and prefect candidates interested in open, frank discussions in a confidential, comfortable and enjoyable format.



Students participating in a Healthy Relationships Outdoor Retreat

More than 200 students have participated in past seminars and overwhelmingly enjoyed and benefitted from the experience.

Benedictines, professors and administrators are involved in presenting the interactive seminar sessions, as they share the commitment to helping our students build and maintain healthy relationships.

We are pleased to offer this opportunity, and we hope you'll join us and your fellow students in exploring this topic as a valuable part of your Saint Vincent College education.

To sign up or if you have any questions, please contact the Office of Student Affairs at 724-805-2567 or studentaffairs@stvincent.edu.