

# FORWARD TOGETHER

## Community Commitment

As we move forward together in the midst of a pandemic, we must take measures to protect ourselves and others and to be accountable, together, for our health. In keeping with the Benedictine hallmarks, and as a member of the Saint Vincent community, I will:

### DISCIPLINE AND HUMILITY

#### Protect myself:

- Wash my hands often with soap and water, or use hand sanitizer.
- Monitor myself for symptoms of COVID-19 and contact the Wellness Center (students), or my supervisor (employees) if I experience symptoms.

### LOVE AND OBEDIENCE

#### Protect others:

- Stay home if I feel sick, or if I have been exposed to someone with COVID-19.
- Maintain physical distancing of at least six feet from others as much as possible.
- Wear an appropriate face mask in accordance with the Health and Safety Plan.

### STEWARDSHIP AND COMMUNITY

#### Protect the Saint Vincent community:

- Participate in testing and contact tracing to help minimize potential transmission.
- Follow all guidelines and instructional signs.
- Be positive and encouraging of our fellow community members as we move forward in our educational mission.

